

This Menu is subject to change during the summer.

1st WEEK of session 3, 4, 5 & Session 6							UPDATED 5/3/2022 19:54
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Directors/ Stayovers LEFTOVER BAGELS CREAM CHEESE OATMEAL COLD CEREAL ASSORTED JUICE MILK & PLAIN NON-DAIRY MILK	FRENCH TOAST HARD BOILED EGGS YOGURT COLD CEREAL FRUIT JUICE MILK & PLAIN NON-DAIRY MILK	BREAKFAST SANDWICHES ENGLISH MUFFINS, EGGS, SAUSAGE & CHEESE OATMEAL COLD CEREAL FRUIT HOT CHOCOLATE JUICE MILK & PLAIN NON-DAIRY MILK	BLUEBERRY MUFFINS SCRAMBLED EGGS BACON YOGURT COLD CEREAL FRUIT JUICE MILK & PLAIN NON-DAIRY MILK	PANCAKES HARD BOILED EGGS OATMEAL COLD CEREAL FRUIT HOT CHOCOLATE JUICE MILK & PLAIN NON-DAIRY MILK	ASSORTED BREAKFAST BREAD SCRAMBLED EGGS BACON YOGURT COLD CEREAL FRUIT JUICE MILK & PLAIN NON-DAIRY MILK	OATMEAL & YOGURT BAR GRANOLA, DRIED FRUIT, ALMONDS, B.SUGAR HARD BOILED EGG COLD CEREAL FRUIT HOT CHOCOLATE JUICE MILK & PLAIN NON-DAIRY MILK	
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH-OUTBACK
Staff & Stayovers SANDWICH BAR TURKEY, ROAST BEEF, SALAMI CHEESE SLICES MIXED GREEN SALAD CHIPS ASSORTED DESSERTS PUNCH	GRILLED CHEESE DAY TOMATO SOUP *dairy free avail GRILLED CHEESE SANDWICHES EGG SALAD * VEGAN EGG SALAD AVAIL CHIPS FRESH VEGGIE & DIP A/J'S SNICKER SALAD LEMONADE	Taco Tuesday *served separately TACOS SOFT & HARD SHELLS BLACK BEANS & GROUND BEEF LETTUCE, TOMATO, CHEESE, SALSA, SOUR CREAM FRESH VEGGIE & DIP WATERMELON LEMONADE	CHICKEN NOODLE SOUP SLOPPY JOES LENTIL SLOPPY JOES - V CHICKEN SALAD POTATO CHIPS FRESH VEGGIE & DIP FRESH FRUIT FRUIT PUNCH	CHILI & VEGGIE CHILI BROCCOLI CHEESE SOUP - V CHICKEN STRIPS STEAMED BROCCOLI BAKED POTATO BAR CHEESE, BACON, SOUR CREAM FRESH VEGGIE & DIP PINEAPPLE LEMONADE	BAG LUNCH CHICKEN CEASER WRAP PB&J SANDWICH CHEF SALAD CHEESE SANDWICH CHIPS CARROT STICKS FRUIT - MANDARIN ORANGES COOKIES JUICE BOX OR BOTTLED WATER	(NO LUNCH \$TH SEES) SOFTBALL COOK-OUT BEEF HOT DOGS & VEGAN DOGS PLAIN, SAUERKRAUT, PB VEGGIE BAKED BEANS CHIPS FRESH VEGGIE & DIP ORANGES BROWNIES w/ POWERED SUGAR LEMONADE	
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
DINNER AT 6PM MEAT LASAGNA VEGGIE LASAGNA *GF/DAIRY FREE AVAIL TOMATO BASIL AND COUSCOUS SALAD CAULIFLOWER TEXAS TOAST GARLIC BREAD CAESAR SALAD - DRESSED ONLINE DEVIL'S FOOD CAKE MILK	NOODLE BOWL RAMEN NOODLES MISO BROTH CARROTS, CABBAGE, PEPPERS, CILANTRO, SHREDDED CHICKEN & TOFU VEGETABLE FRIED RICE EGG ROLL SALAD w/ GINGER DRESSING COOKIES MILK	PIZZA *GF/DAIRY FREE AVAIL SOUP ORZO SALAD FRESH VEGGIE & DIP OREO MUD PIE MILK	OUTBACK COOKOUT HAMBURGERS VEGGIE OR BB BURGERS *CHEESE AVAIL FRUIT SALAD VEGGIES & DIP CHIPS COOKIES FRUIT PUNCH	CHICKEN FISH WILD RICE ROASTED CARROTS PITA, RAW VEGGIES & HUMMUS GREEK SALAD- CUCUMBER, RED ONION, TOMATO, OLIVES, CHICKPEA, FETA - OREO MUD PIE MILK	SPAGHETTI *gf pasta avail MARINARA SAUCE MEATBALLS & VEGGIE MEATBALLS VEGETABLE CAESAR SALAD BAR GARLIC BISCUITS MS. DENISE'S CHOCOLATE SHEET CAKE MILK	(NO DINNER \$TH SEES) Burrito Bowl GROUND BEEF, CHICKEN, BLACK BEANS CILANTRO BROWN RICE GRILLED VEGGIES LETTUCE, CHEESE, SALSA SOUR CREAM, GUAC, BLACK OLIVES	
MILK AVAILABLE AT BREAKFAST AND DINNER INCLUDES COW'S MILK, PLAIN SOY OR UNSWEETENED ALMOND MILK COMPARABLE GLUTEN FREE AND VEGAN ITEMS AVAILABLE UPON REQUEST - PLEASE LET KITCHEN KNOW IN ADVANCE - THESE ITEMS ARE NOT ON THE LINE PLEASE ASK. ITEMS MAY BE SUBSTITUTED AS NEEDED BASED ON AVAILABILITY							
SESSION 2 AND 2nd week of session 3, 4, 5							
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
LEISURE BREAKFAST 9-10am BAGELS & CREAM CHEESE HARD BOILED EGGS YOGURT & GRANOLA COLD CEREAL FRUIT HOT CHOCOLATE JUICE MILK & PLAIN NON-DAIRY MILK	CINNAMON ROLLS SCRAMBLED EGGS BACON OATMEAL COLD CEREAL FRUIT JUICE MILK & PLAIN NON-DAIRY MILK	BREAKFAST SANDWICHES ENGLISH MUFFINS, EGGS, SAUSAGE & CHEESE YOGURT COLD CEREAL FRUIT HOT CHOCOLATE JUICE MILK & PLAIN NON-DAIRY MILK	MUFFINS SCRAMBLED EGGS BACON OATMEAL COLD CEREAL FRUIT JUICE MILK & PLAIN NON-DAIRY MILK	PLAIN & BLUEBERRY PANCAKES HARD BOILED EGGS YOGURT COLD CEREAL FRUIT HOT CHOCOLATE JUICE BOX OR BOTTLED WATER MILK & PLAIN NON-DAIRY MILK	SCRAMBLED EGGS POTATOS SAUSAGE OATMEAL COLD CEREAL FRUIT JUICE MILK & PLAIN NON-DAIRY MILK	COFFEE CAKE HARD BOILED EGGS YOGURT COLD CEREAL FRUIT HOT CHOCOLATE JUICE MILK & PLAIN NON-DAIRY MILK	
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
SUNDAY BRUNCH SCRAMBLED EGGS SAUSAGE LINKS *V avail HOME FRIES CHICKEN & EGG SALAD *VEGAN EGG SALAD AVAIL CROISSANT LETTUCE & TOMATO MELON ORANGE JUICE & MILK	VEGETABLE SOUP - V MACARONI AND CHEESE - V *GF/DAIRY FREE AVAIL BEANIES & WEENIES *VEGGIE BAKED BEANS AVAIL BROCCOLI SALAD - V FRESH VEGGIE & DIP FRESH FRUIT SALAD LEMONADE	Taco Tuesday QUESADILLAS -CHICKEN & CHEESE -CHEESE -BEAN QUESADILLA (DF &V) SOUR CREAM, GUAC, SALSA BLACK BEAN SALAD -ON LINE FRESH VEGGIE & DIP SLICED ORANGES FRUIT PUNCH	GARLIC CHICKEN SANDWICH FISH SANDWICH WHITE BEAN PASTA SALAD - V CHIPS FRESH VEGGIE & DIP A/J'S SNICKER SALAD LEMONADE	SOUP CHEESE CALZONES PEPPERONI CALZONES *gf df pasta or pizza avail GREEN BEANS CAESAR SALAD -- DRESSED ON THE LINE COOKIES FRUIT PUNCH	BAG LUNCH CHEESE SANDWICH PB&J SANDWICH TURKEY SANDWICH w/CHEESE, LETTUCE & TOMATO KETCHUP, MUSTARD, MAYO PACKETS CHIPS FRESH VEGGIE & DIP FRUIT COOKIES JUICE BOX OR BOTTLED WATER		
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
LUAU (Switch to Lasagna 2ND) PULLED PORK & VEGGIE BBQ SWEET POTATO w/BUTTER, CINN & CORN CASSEROLE CELERY w/CREAM CHEESE APPLES & BANANAS HALVED PINEAPPLES w/ CHERRIES ROLLS WATERMELON FRUIT PUNCH	PIZZA *gf df avail MOZZARELLA STICKS STEAMED VEGETABLE SALAD DESSERT MILK	OUTBACK COOKOUT TURKEY BURGER VEGGIE OR BB BURGER DEVILED EGGS FRUIT SALAD or WHOLE FRUIT VEGGIES & DIP or GREEN SALAD CHIPS COOKIES LEMONADE	RAVIOLI *gf df pasta avail MARINARA & BUTTER GARLIC SAUCE ROASTED BROCCOLI & CAULIFLOWER & CAULIFLOWER BREAD STICKS APPLE CRISP MILK	CHICKEN & VEGGIE NUGGET MASHED POTATOES & GRAVY STEAMED CORN STEAMED VEGETABLE BISCUIT CAKE MILK	SPAGHETTI (2 different sauces) CHICKEN & EGGPLANT PARMESAN *gf df pasta avail STEAMED VEGETABLE CAESAR SALAD GARLIC BREADSTICKS MS. DENISE'S CHOCOLATE SHEET CAKE MILK		

1st Mother Daughter			STARTER CAMP			
THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
	BREAKFAST SANDWICHES ENGLISH MUFFINS, EGGS, SAUSAGE & CHEESE YOGURT	PANCAKES HARD BOILED EGGS		FRENCH TOAST HARD BOILED EGGS	MUFFINS SCRAMBLED EGGS	CINNAMON ROLLS SCRAMBLED EGGS BACON
<i>Staff Only</i>		OATMEAL COLD CEREAL	<i>Staff Only</i>	YOGURT		
	COLD CEREAL FRUIT HOT CHOCOLATE JUICE	FRUIT HOT CHOCOLATE JUICE MILK & PLAIN NON-DAIRY MILK		COLD CEREAL FRUIT	OATMEAL COLD CEREAL	OATMEAL COLD CEREAL FRUIT
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
	BAG LUNCH	Taco Tuesday		GRILLED CHEESE DAY	TACO TUESDAY	BAG LUNCH
	CHICKEN CEASER WRAP PB&J SANDWICH CHEF SALAD CHEESE SANDWICH	QUESADILLAS -CHICKEN & CHEESE -CHEESE -BEAN QUESADILLA (DF &V)	<i>Staff Only</i>	TOMATO SOUP *dairy free avail GRILLED CHEESE SANDWICHES EGG SALAD * VEGAN EGG SALAD AVAIL	TACOS SOFT & HARD SHELLS BLACK BEANS & GROUND BEEF LETTUCE, TOMATO, CHEESE, SALSA, SOUR CREAM	CHEESE SANDWICH PB&J SANDWICH TURKEY SANDWICH
	CHIPS CARROT STICKS FRUIT - MANDARIN ORANGES COOKIES JUICE BOX OR BOTTLED WATER	SOUR CREAM, GUAC, SALSA BLACK BEAN SALAD -ON LINE		CHIPS FRESH VEGGIE & DIP A/J'S SNICKER SALAD	FRESH VEGGIE & DIP WATERMELON	W/CHEESE, LETTUCE & TOMATO KETCHUP, MUSTARD, MAYO PACKETS CHIPS
		FRESH VEGGIE & DIP SLICED ORANGES FRUIT PUNCH		LEMONADE	LEMONADE	FRESH VEGGIE & DIP FRUIT COOKIES JUICE BOX OR BOTTLED WATER
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
<i>SERVE AT 6:25</i> SPAGHETTI *of pasta avail MARINARA SAUCE MEATBALLS & VEGGIE MEATBALLS	PULLED PORK & VEGGIE BBQ SWEET POTATO W/BUTTER, CINN & S CORN CASSEROLE	OUTBACK COOK-OUT HAMBURGERS VEGGIE OR BB BURGERS	INCOMING DAY MEAT LASAGNA VEGGIE LASAGNA	OUTBACK COOKOUT ALL BEEF HOT DOGS & VEGAN DOGS PLAIN, SAUERKRAUT, PB VEGGIE BAKED BEANS	CHICKEN & VEGGIE NUGGET MASHED POTATOES & GRAVY	
VEGETABLE CAESAR SALAD BAR GARLIC BISCUITS	CELERY W/CREAM CHEESE APPLES & BANANAS HALVED PINEAPPLES w/ CHERRIES ROLLS	FRUIT SALAD VEGGIES & DIP CHIPS	*GF/DAIRY FREE AVAIL TOMATO BASIL AND COUSCOUS SALAD CAULIFLOWER TEXAS TOAST GARLIC BREAD CAESAR SALAD - DRESSED ONLINE	CHIPS FRESH VEGGIE & DIP ORANGES	STEAMED CORN STEAMED VEGETABLE BISCUIT	Everyone off duty Horseshow
MS. DENISE'S CHOCOLATE SHEET CAKE MILK	WATERMELON FRUIT PUNCH	COOKIES	DEVIL'S FOOD CAKE MILK	BROWNIES w/ POWERED SUGAR LEMONADE	CAKE MILK	

Mother Daughter 2			Mother Daughter Retreat 3			
THURSDAY	FRIDAY	SATURDAY	SUNDAY	SATURDAY	SUNDAY	MONDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
	SCRAMBLED EGGS POTATOS SAUSAGE	COFFEE CAKE HARD BOILED EGGS YOGURT			TBA	TBA
<i>Everyone off duty</i>			<i>Everyone off duty</i>	<i>Mother Daughter 3 Menu will be available in Early August. Please call the office for a copy.</i>		
	OATMEAL COLD CEREAL FRUIT	COLD CEREAL FRUIT				
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
	BAG LUNCH	Taco Tuesday			BAG LUNCH	
	CHICKEN CEASER WRAP PB&J SANDWICH CHEF SALAD CHEESE SANDWICH	QUESADILLAS -CHICKEN & CHEESE -CHEESE -BEAN QUESADILLA (VEGAN)		TBA	CHICKEN CEASER WRAP PB&J SANDWICH CHEF SALAD CHEESE SANDWICH	TBA
	CHIPS CARROT STICKS FRUIT - MANDARIN ORANGES COOKIES JUICE BOX OR BOTTLED WATER	SOUR CREAM, GUAC, SALSA BLACK BEAN SALAD -ON LINE			CHIPS CARROT STICKS FRUIT - MANDARIN ORANGES COOKIES	
		FRESH VEGGIE & DIP SLICED ORANGES FRUIT PUNCH				
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
	LUAU DINNER INSIDE	OUTBACK COOKOUT				COOK OUT
SPAGHETTI *of pasta avail MARINARA SAUCE MEATBALLS & VEGGIE MEATBALLS	PULLED PORK & VEGGIE BBQ SWEET POTATO W/BUTTER, CINN & S CORN CASSEROLE	TURKEY BURGER VEGGIE OR BB BURGER DEVILED EGGS		TBA		HAMBURGERS VEGGIE BURGERS DEVILED EGGS
VEGETABLE CAESAR SALAD BAR GARLIC BISCUITS	CELERY W/CREAM CHEESE APPLES & BANANAS HALVED PINEAPPLES w/ CHERRIES ROLLS	FRUIT SALAD or WHOLE FRUIT VEGGIES & DIP or GREEN SALAD CHIPS				FRESH VEGGIE AND DIP FRUIT SALAD CHIPS
MS. DENISE'S CHOCOLATE SHEET CAKE MILK	WATERMELON FRUIT PUNCH	COOKIES LEMONADE				COOKIES FRUIT PUNCH